



Warm Quinoa Pasta with Avocado, Cucumber & Arugula

Makes 4 servings ~ \$6.36 (\$1.59 per serving)

Ingredients

- 8 ounces quinoa spaghetti
- 2 cups arugula
- 1 avocado, diced
- 1 cucumber, peeled, seeded and diced
- 2 green onions, thinly sliced
- 1 garlic clove, finely chopped
- 1/2 teaspoon red pepper flakes
- 2 tablespoons olive oil
- 1 teaspoon sea salt

Directions

1. Cook pasta according to package directions.
2. Mix together remaining ingredients in a medium serving bowl.
3. Drain pasta and toss with sauce.

Serve immediately.

Recipe courtesy of Sharon Louise Crayton

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